

AUTUMN LONG WEEKEND YOGA RETREAT: MARRAKECH, MOROCCO

w/ cat alip-douglas & phil douglas

VILLA MAGTAFI-DOMAIN DE L'AKHDAR + VILLA KALLISTE + VILLA NOUR

STRONGLY ADVISED: BOOK VERY EARLY...SPACE LIMITED!

PLEASE READ CAREFULLY. IF AGREEABLE, SIGN & RETURN WITH 1ST DEPOSIT or FULL PAYMENT.

The dates: Wednesday, 19 September – Sunday, 23 September 2018

The cost: price is per person in GBP or current exchange rate equivalent to amount in sterling (based on double occupancy/shared room with either a double bed or twin beds - of which there are less; there is also one room option of a spacious triple/3x twin beds).

1st deposit (asap): £250 per person to reserve place upon booking

2nd deposit (by 23 February 2018): additional £250 to continue hold (total: £500)

or **EARLY BIRD RATE/complete payment (save £100): £800**

FINAL/FULL PAYMENT DUE - 23 May 2018 (3 months prior): £900

The payment methods: cash, cheque, bank transfers and PayPal.

cheques to: Catherine Alip-Douglas (Sangyé Yoga 300 Kensal Road, London W10 5BE)

PayPal paypal.me/catalipdouglas

THE BANK TRANSFER INFORMATION:

Catherine Alip-Douglas

TSB – Bayswater Branch, 30-32 Westbourne Grove

sort code: 309059, account number:14231860, Swift/BIC code: LOYDGB21341,

IBAN: GB50 LOYD 3090 5914 2318 60

PLEASE NOTE: ALL TRANSFER FEES TO BE ABSORBED BY SENDER.

The Details:

* 5 days and 4 nights shared accommodation (2 persons per room) at one of three private villas of equal magnificence (villa/room allocation based on order of booking onto retreat):

Villa Magtafa <http://www.villamagtafa.com/>, **Villa Kalliste** <http://www.sejour-maroc.com/location-riad-marrakech-villa-akhdar-3/> and **Villa Nour** <http://www.sejour-maroc.com/location-riad-marrakesh-villa-akhdar-5/>

Villa Nour <http://www.sejour-maroc.com/location-riad-marrakesh-villa-akhdar-5/>

* FULL BOARD - all vegan meals (vegetarian option) included with retreat: daily breakfast, lunch and dinner

* 4x 2-2.5 hour yoga workshop daily & informal gatherings with cat & phil

* transfers/Marrakech airport (return)

* one afternoon excursion into the city (transfer to the souk + stop at the Majorelle gardens/ Yves St Laurent Museum on the way back to the villa)

* full concierge service by Sejour-Maroc. It is the only agency in Marrakech offering a full concierge service to its clients since 2002.

* daily housekeeping

FLIGHTS, TRAVEL INSURANCE, ADDITIONAL EXCURSIONS ARE **NOT INCLUDED**.

The Schedule: the check in is on Wednesday, 19 September and check out on Sunday 23 September. There will be a group welcome dinner at 7pm (approximately) on the arrival day. The first class will be on Thursday morning and the last class on Sunday before check out from 8am-10am. Detailed itinerary will be emailed to participants approximately a month prior to the retreat. There will be plenty of free time in the afternoons to explore, go into the city and shop or relax by the pool.

The Reservation: How to book in? Complete this form and return it with 1st £250 deposit and/or full payment. Reservations will be based on a first come first served policy. BOOK

EARLY...PLAN AHEAD! Any questions? cat@catalipdouglas.com

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VILLA MAGTAFI-DOMAIN DE L'AKHDAR + VILLA KALLISTE + VILLA NOUR

PLEASE RETURN THIS PAGE WITH DEPOSIT.

The Booking Form: (please print)

Name:

Address:

Mobile Phone: E-Mail:

Amount/method of payment enclosed:

Rooming requests: (Please specify name of person, if applicable):

ARRIVAL & DEPARTURE INFO(can be sent later/closer to retreat).....

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Emergency Contact:..... Phone:.....

The Fine Print (PLEASE READ CAREFULLY): An initial £250 deposit is required to book in. A second deposit of £250 is due on 23 February if not paying EARLY BIRD RATE (EBR: £800 - save £100). Full payment beyond the EBR (£900) is required to confirm reservation **no later than 3 MONTHS BEFORE THE RETREAT - 23 May 2018. THE DEPOSIT IS NOT REFUNDABLE AFTER 23 MAY AND CANCELATIONS AFTER THIS DATE ARE SUBJECT TO FORFEITURE OF FULL PAYMENT. THERE WILL BE A 20%ADMIN FEE DEDUCTED FOR ALL REFUNDS REQUESTED.** If I cancel or significantly alter an important element of the retreat, I will offer a full or partial refund of the tuition. However, please note flight expenses will not be covered. Please bring a mat and props that you will need for practice.

"I have read the above and understand the information pertaining to this retreat. I am aware that I must be covered by my own travel insurance appropriate to the activity in order to participate in this yoga retreat and do not hold Catherine Alip-Douglas responsible. Any cancellations or changes on my behalf must be made *in writing* to the attention of Catherine Alip-Douglas within a reasonable period of time and may not result in a refund of deposit/payment."

Signature **Date.....**

